

THE MAGAZINE ABOUT GETTING AND STAYING ORGANIZED

balance

Summer 2003

12 Travel-Smart TIPS

for getting you
out this summer

Wrap up Your VACATION PLANS

Organizing Your CAR

Products for your
commute or vacation

Rosemary Mariniello

What's the secret to her

balanced life?

BALANCE

Across the Nation

- Combining Households in Pennsylvania
- Relocating from Oklahoma to California
- Garage Organizing in Colorado

the auto issue

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BUSINESS WITH PLEASURE: INNOVATIVE WAYS TO MULTI-TASK

We all know music and TV can be combined with just about anything. So, what if you're sick of them? Here are more options for multi-tasking.



LOOK, MOM—I'M ORGANIZING!

- Get a headset for your cordless or cellular phone, and use talk time to rearrange the garage, weed out your clothes, sort the kids' toys, or file paperwork. Bonus: Distracting yourself with a conversation can keep you from over-analyzing each keep-or-toss decision.

GET SOME FAULKNER WITH YOUR FIDO

- Use dog-walking time to grab a chapter of a book on tape. Strut your way through the classics or indulge in the hottest new authors. (Save some of your attention for eyeing your surroundings.)

TURN YOUR CAR INTO A CLASSROOM

- Pick up a set of foreign-language tapes and *parlez-vous français* your way through rush hour.

MAKE A GAME OF GARDENING

- Use a variation of the "slug-bug" driving game to alleviate weed-pulling boredom. Pick a bug, any bug, and see how many you can unearth as you till the soil. Ten roly-polys earns you a lemonade break!



BRAINSTORM WHILE YOU BLAST CALORIES

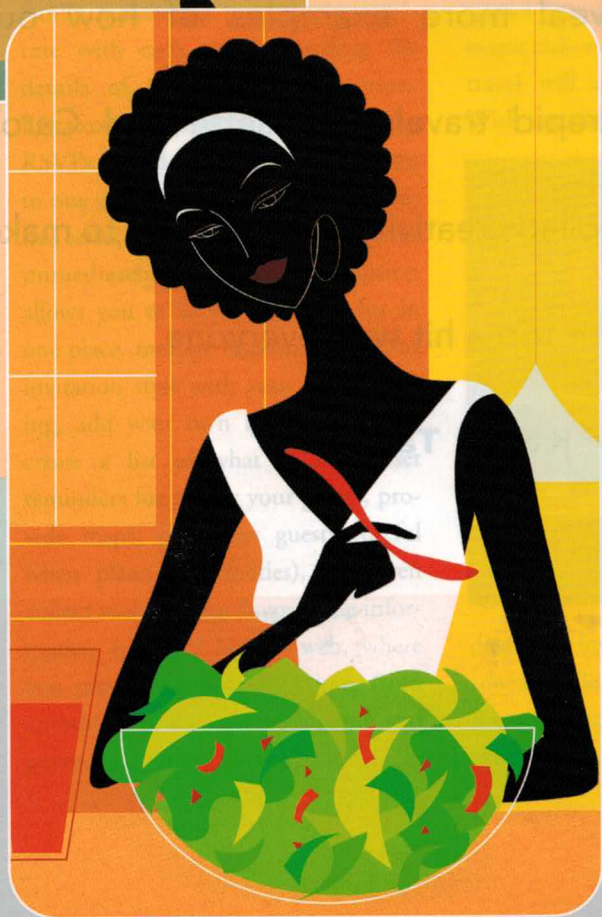
- When are you most likely to have a great idea? When you can't reach a notepad, of course! Keep a pen and paper on the book rack of the treadmill or stationary bike, let your mind wander, and capture those exercise-induced strokes of genius.

COMBINE EFFORTS IN THE KITCHEN

- Invite a pal over for some team cooking: You each make a double-batch of a favorite meal (one in the oven and the other on the stovetop), give each other half, and voila! You got some friend time and dinner's done for two nights.

TEACH KIDS THE JOYS OF CHORES

- Take advantage of the "magic years" when kids actually want to help around the house. Use laundry sorting to teach colors; practice math with grocery shopping; make a vacuum-cleaner conga line; let them draw in the dust before they wipe it away.



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